



UDAAN

Club Bulletin

Volume 2, July 2023



Rotary Club of Mulund Hills

#cmulundhills Mulund hills

LEADERSHIP OF ROTARY CLUB OF MULUND HILLS



Rtn Varsha Kolhatkar
Secretary



Rtn Chander Kant Suri
President



Rtn Sanjay Dwivedi
Treasurer



Rtn Vijay Wadagbalkar
President Elect



Rtn Vinod Chaube
Jt Secretary



Rtn Disha Nagda
Jt Secretary Nominee



CREATE HOPE
in the WORLD

incredible
2023-24

Rtn. Gordon R. McNally
RI President

Rtn. Arun Bhargava
Dist. Governor

Rtn. Chander Kant Suri
Club President

Rtn. Varsha Kolhatkar
Club Secretary

Rtn. Sharat Jain
Bulletin Editor

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www.rcmulundhills.rotaryindia.org

With New Leadership Comes Newer Opportunities...

JULY IS NEW LEADERSHIP MONTH



SECRETARIAL REPORT

Rtn Varsha Kolhatkar

PROGRAMMES IN JULY 2023 (All Programmes were held at Hotel Sitara, S N Road, Mulund (W), Mumbai 400080)

Date	Programme	Chief Guest	Topic	Host	No. of Participants						
					Rotarians	Chief Guest	Anns	Rotractors	Guests	Other Rotarians	Total
July 7, 2023	Club Assembly	AG Rtn Sachin Shigwan	-		20	1	-	-	-	-	21
July 14, 2023	Club Meeting	Rt Adv Ashok Shetty	Self Hyponosis		19	1	-	-	2	-	22
July 21, 2023	Club Meeting	Rtn Adv Bharat Joshi	Is Law an ASS!!		25	1	3	-	2	-	31
July 28, 2023	Club Meeting	Narendra Nayak	Eco - Tourism	Deepak Ramrakhani	23	1	11	3	-	-	38

1ST BOARD OF DIRECTORS MEETING (At Hotel Sitara, S N Road, Mulund (W), Mumbai 400080)

Date	Programme	Host	No. of Participants		
			Directors	Invitees	Total
July 19, 2023	BOD 1	Rtn Adv Harkishin Sharma	21	7	28

PROJECTS IN JULY 2023

Date	Project	Place	Category	No. of Participants					
				Rotarians	Anns	Rotractors	Guests	Other Rotarians	Total
July 1, 2023	Annapurna Food Distribution	Jawahar Talkies Compound	Community Service	2	-	4	-	-	6
July 3, 2023	Omega School Project Inauguration of Computer Lab and handing over Note Books to Students	Khindi Pada, Bhandup (W)	Vocational Service	4	-	-	-	-	4
July 7, 2023	Paediatric Heart Surgery	Kokilaben Ambani Hospital	Community Service	2	-	-	-	-	2
July 9, 2023	Mega Tree Plantation	Cycle Track, Veena Nagar	Community Service	6	1	-	-	-	7
July 29, 2023	Paediatric Heart Surgery	Jupiter Hospital, Thane	Community Service	2	-	-	-	-	2
July 30, 2023	Donation of Walkar	Citi of Joy, Community Hall	Community Service	15	4	3	-	10	32
July 30, 2023	Blood Donation Camp	Citi of Joy, Community Hall	Community Service	3	3	-	-	-	6



ROTARY CLUB PRESIDENT'S MESSAGE

Rtn Chander Kant Suri

Dear Rotarians,

I personally thank all my fellow Rotarians of our club for supporting the projects and serving the community in the first month of July 2023. We have planned to do many different projects in the coming months for our society

Let us build peace within and spread it freely. Let us create belonging and imagine the future of Rotary afresh. Let us work together joyously and Create Hope in the World.

Friendship, bonding within Members & fellowship will be the top most priority to make the club one big family, where each member has the sense of involvement and togetherness.

It can be possible only by all our members' contribution and involvement in projects.

August is a very special month for our country when we celebrate our Independence Day on 15th.

The Rakshabandan will be celebrated with Rakhi making workshops for the benefit of the students of three schools in the second fortnight of this month.

August is Rotary Membership month. We need more new friends as members to strengthen our club. So I humbly request each member to bring your friends and acquaintances to our club as a new Rotarians.

To close, I must say, I am truly humbled and honoured to serve as your president this year. I look forward to working closely with the board and each member as we move forward.

मंजिल पर पहुँचना है तो कभी राह के काँटों से मत घबराना, क्योंकि काँटे ही तो बढ़ाते हैं रफ्तार हमारे कदमों की!

Regards.

Thanking You,

yours in Rotary,

Chander Kant Suri
President 2023-2024



EDITOR'S MESSAGE

Rtn Sharat Jain

Dear Readers,

July is New Leadership Month. Our club is one of very few which has leadership plans ready up-to Rotary Year 27-28 and all these leaders are given prominence in the bulletin.

We are witness to unprecedented rains and floods all across, more particularly in North India. Tomato prices have surged dramatically. Chandrayaan 3 successful launch has been another feather in the caps of Indian Scientists. All these events have marked the month of July this year and so are finding place in this bulletin.

Our senior Rotarian PP Dr Anoop Gupta went to Scandinavian countries on a 10 day tour and his experiences are being shared.

Monsoon, as mentioned earlier, has now come to be associated with floods and large scale landslides. A critical article on vagaries of flood and their causes also finds a place in this bulletin.

Other club activities, programmes and projects find their rightful place as normal.

Our senior member Rtn Dr Pratap Lilani is celebrating 50th year in Rotary and one section has been specially devoted to him. Down Memory Lane is another section added to the bulletin, bringing some pages from the memories of Past Presidents.

My request, to all the Members and Anns to provide articles, photos and anecdotes for the bulletin, to suggest more ways to make the same more attractive and reader friendly, is renewed once again.

Happy reading and with regards.

Rtn Sharat Jain

PROJECT OF THE MONTH

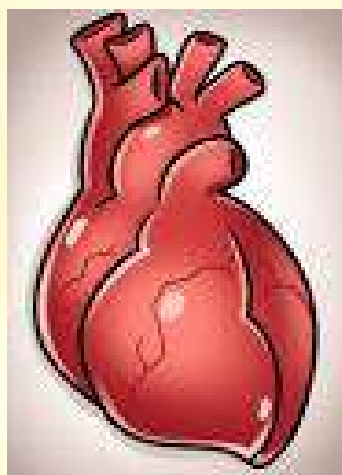


Annapurna Project - Food Distribution at Mulund (W) on 1st July 2023 - 115 tiffins distributed to lower income people.



Computer Lab inauguration and distribution of Note books on 3rd July 2023 at Omega School, Khindipada, Bhandup (W)

**Paediatric Surgery at Kokilaben Dhirubhai Ambani Hospital on 07th July 2023
Paediatric Surgery at Jupiter Hospital, Thane on 29th July 2023**



PROJECT OF THE MONTH



Mega Tree Plantation drive of all Rotary Clubs in Mulund and Bhandupon 9th July 2023 Near Cycle Track, Veena Nagar, Mulund (W)



BLOOD DONATION

Rotary Clubs of
Mulund Hills
Mulund Hill View

With
**TATA Memorial
Hospital**

**DONATE BLOOD
& SAVE LIVES**

📞 Sonjoy Dvivedi - 9320 456 555

📍 Club House, CDJ Complex

SUNDAY 30TH JULY



Blood Donation Camp in association with Tata Memorial Hospital at Citi of Joy Mulund (W) on 30th July 2023.

Donation of Walker at Citi of Joy Mulund (W) on 30th July 2023



PROGRAMME OF THE MONTH



Rotary Club of Mulund Hills
 Invites you to
CLUB ASSEMBLY
 Chief Guest: Rtn. Sachin singwan
 Friday, July 7 2023 Time: 6pm



Venue : Hotel Sitara
 Rtn. Chandar Kant Suri PRESIDENT Rtn. Varsha Kolhatkar SECRETARY



1st Club Assembly on 7th July 2023 at Hotel Sitara - Chief Guest AG Rtn Sachin Shigwan



Rotary Club of Mulund Hills
 Weekly Meeting
 Meeting Speaker: Rtn. Adv. ASHOK SHETTY
 Topic: "SELF HYPNOSIS"
 6:00 pm- Pre- Meeting fellowship
 6:30pm- Regular Meeting
 7:30pm onwards- Fellowship
 Friday: July 14, 2023 Time: 6pm



Venue : Hotel Sitara
 Rtn. Chandar Kant Suri PRESIDENT Rtn. Varsha Kolhatkar SECRETARY



Club Meeting on 14th July 2023 at Hotel Sitara.
Chief Guest Rtn Ashok Shetty-speaking on Self Hypnosis.
Pranay Narula mesmerises with flute



PROGRAMME OF THE MONTH





Rotary Club of Mulund Hills
 invites you to
CLUB MEETING
 Meeting speaker: Adv. Bharat Joshi
 Topic: "Is Law An Ass?"
 Friday: July 21, 2023 Time: 6pm
 Venue : Hotel Sitara
 Rtn. Chander Kant Surj President
 Rtn. Vasika Kulkarni Secretary



Club Meeting on 21st July 2023 at Hotel Sitara. Chief Guest Adv Bharat Joshi - speaking on "Is Law an Ass" in Trial by Jury style.



Club/ Family Meet on 28th July 2023 at Hotel Sitara. Chief Guest Mr Narendra Nayak - speaking on Eco - Tourism. Host Rtn Deepak Ramrakhiani

PROGRAMME OF THE MONTH



District Governor's Installation attended by President Rtn C K Suri, 1st Lady Ann Mini Suri & IPP Rtn Sharat Jain 2nd July 2023



1st Board of Directors Meeting 23-24 at Hotel Sitara on 19th July 2023. Host Rtn Harkishin Sharma

DOWN MEMORY LANE

Rotarian Celebrating 50th Year in Rotary

RTN DR PRATAP LILANI



Dr Pratap B. Lilani born on 16th April 1942.

Qulaification :- M.Sc, DHB.

Post Graduation in Chemistry from Jai Hind College in 1967-68.

Dr. Pratap Lilani joined Rotary on 12-2-1974 and will be completing Golden Jubilee in Rotary on 12-2-2024

Donation of 1st Clock and Water Cooler at Mulund Station.

Best Rotarian in 1976-77.

President of Rotary Club of Mulund in 1980-81.

Under his Presidency club strength went up from 39 to 50.

Charter Member of Rotary Club of Mulund Hills 29-6-1987

He was Secretary of Rotary Club of Mulund Hills in 1988-89.

Governor's special Representative for formation of new club Rotary Club of Bombay Mulund Valley in 1992.

Chaired many District Committees like Bulletin, Functional Literacy & Membership Retention etc. in undivided District 3140

He was elected to the DG Nominating Committee in 1988-89.

He was GGR for Rotary Club of Kalyan, New Bombay & Kalwa.

He was Governor's special aide in Foundation's efforts to redress the hardships of Kutch earthquake.

100% attendance record in Rotary for more than 35 years.

His wife Mrs. Neelu Lilani is an Innerwheel Club member and was President of Innerwheel Club of Mulund Hills in 1987-88.

Both celebrated 56 years of togetherness in May 2023.

His son Dr Sunil , M.B.B.S , M.D in Microbiology, is a member of Rotary Club of Mulund Hill View.

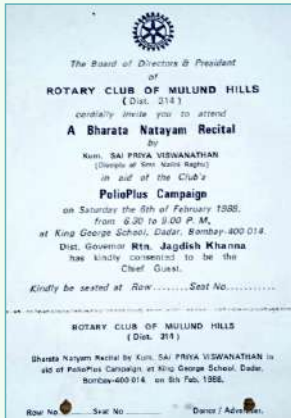
Younger Son Ravi is Project Consultant.

Rtn Dr. Pratap Lilani is associated with Senior Citizens Club of Mulund Hills since many years.

DOWN MEMORY LANE

CHAIRMAN PRESIDENT RTN. D. GANAPATHI

(1987-88)



Ticket issued by the club
on 6th Feb 1988
for a Bharata Natyam



Rtn D. Ganapathi & Family

President 1987-88

Dear Rtn. Sharad Chand Jain,

This has reference to the talk we had on last Sunday about the activities of Rotaary Club of Mulund Hills during my tenure as president. Kindly excuse the delay in sending you this.

I have already sent you today a photo of the ticket issued by the club on 6th Feb 1988 for a Bharata Natyam performance done by Sai Priya Viswanathan in aid of the Club's PolioPlus campaign. We collected a fairly good amount by this project and this was our contribution to Rotary International during that year.

Unfortunately, I could not locate any photographs of this event. The video taken was in a magnetic tape which has got spoilt by now. I hope to send you the profile of Sai Priya Viswanathan tomorrow.

My tenure as president was a long one due to some technical hitch in obtaining the charter. It was for a period of 21 months from Sept 1986 to June 1988. The emphasis on the first year was to concentrate on fellowship. Our club was known for the educational qualification of all the members and their spouses. Visiting speakers in the weekly meetings of our club used to compliment our members for the quality of their attention and participation. For a short period, till we obtained an official place for weekly meetings, such meetings were held in the basement of my bungalow. Later on, we got the youth club at Mulund Colony Bus Terminus as our official meeting venue. We also had the pleasure of hosting a few Ladies' Evenings in my Bungalow.

We held an exhibition of Indoor Plants and demonstration of making of Bonsai (dwarf plants), during the first year, in my premises. We also made a modest contribution to the Rotary Foundation during the first year itself. If I remember well it was something like 100 dollars per member. The club was an active participant in the Polio immunization program of BMC from the very beginning. We had some members well versed in arts and that helped us in arranging a program of painting competition among school children.

I wish you all then success and happiness as the members of Rotary Club of Mulund Hills.

D. Ganapathi



RTN. RAJ BHAWAN SINGH MAHAL

(1988-89)



Rtn Raj Bhawan Singh Mahal
President 1988-89





MY SCANDINAVIAN EXPERIENCE

Visiting Finland, Sweden and Norway.

The sweltering Mumbai heat left us with no alternative but to make an exit from the city and to soak into cool and serene climates of Scandinavia.

Well, it was a chance opportunity and we jumped on to it, not realising that it would come out to be a dream tour.

Friends, to give you a glimpse is to re-live the past 10 days.

Well, we started our tour with first visiting Helsinki/ Finland – doing Tram rides and city tours and immediately switched over to Stockholm taking an overnight Cruise over the Baltic Sea. Doing a Cruise is an experience by itself, the largesse, the size, the luxury, the food and the flowing wine overwhelm you. There is shopping to be done and the entertainment never ends.

view of the Midnight Sun , a unique phenomenon, where the Sun seems to be going down the horizon to set and just as you anticipate it to disappear below , it starts rising on the horizon and going up! There is no night literally and the sky is bright the entire 24 hrs. The process reverses in the winter and you don't see the Sun for months together?

Lofoten - Bodo is most picturesque with fjords, tall mountains totally enveloped with green forest, blue sea all around and beautiful little villages - truly the land of the Vikings.

En-route , we also visited the picturesque towns of Bergen, Gudvangen and Flam.

The trip includes a visit to the Vineland Park , with its more than 200 sculptures and so also the city hall where the Noble peace prize is presented every year.

Overall, a must do tour for its beautiful landscape, fjords, good food , plenty of wine and most important - Happy People.



The next day , we took a flight to Kiruna, where we crossed the Arctic Circle to explore the wilderness of North Norway , enjoying local Norwegian Cuisine. The night brought us the



~ Rtn Anoop Gupta



Extreme Rainfall in India - Causes and Effects.

Extreme rainfall during the monsoons is the new normal in India, but the ensuing floods killing thousands and displacing millions are partly due to reckless development and inefficient water management.

It now seems difficult to imagine that many places in India were facing drought just in May this year. In July, a few bouts of heavy rain changed that to devastating floods, killing many and displacing millions in much of Northern India. Floodwaters damaged property and roads, and destroyed thousands of hectares of summer crops.

If this wasn't enough, there were cloudbursts in the Himalayan states of Himachal Pradesh and Uttarakhand. Extreme rainfall wreaked havoc in these states, washing away dozens of houses in several villages. Heavy rains over the weekend in Himachal Pradesh poured enormous quantities of water in many parts of the state, causing floods and landslides. The rain in the uplands saw floods spilling over the plains of Punjab, Haryana, Delhi and Uttar Pradesh, where massive relief work is in progress. The headwaters of the Ganga in Uttarakhand are in spate, with the river crossing the danger mark in Haridwar. The water of the Yamuna has risen alarmingly, triggering a flood in the national capital.

This kind of sudden and heavy rainfall is not unexpected. Scientists have long warned that extreme weather events brought on by manmade climate change is inevitable, and such weather extremes have arrived in India. The trend of extraordinary precipitation over shorter periods of time has been well documented.

Although prediction of such extreme weather events is still fraught with uncertainties, a proper assessment of likely future trends would help in setting up infrastructure for disaster preparedness. The study of rainfall data of the southwest monsoon, the study found that there is an increase in the number of extreme monsoon weather events over India over the past half century, although the seasonal mean monsoon rainfall remains stable for the same period.

There is a 10% increase per decade in the level of heavy rainfall activity since the early 1950s, whereas the number of very heavy events has more than doubled, indicating a large increase in disaster potential. These findings are in tune with model projections and some observations that indicate an increase in heavy rain events and a decrease in weak events under global warming scenarios.

Extreme rainfall and flood risk are increasing significantly in the country. The frequency of very heavy rainfall events and risk of floods is likely to increase over India.

Although for some two decades the scientific evidence has been pointing to more such calamities occurring more frequently, such scenarios were mostly ignored by policymakers. As a result, this year's cloudbursts have caught the authorities unprepared.

At a time when extreme rainfall is more likely, experts are saying that the resulting floods, loss of property and human displacement and suffering are made worse by wrong-headed development and poor water management.

For instance, the extensive floods could have been somewhat mitigated had the dam operators in the regions acted wisely. Poor management of dams has worsened the floods instead of mitigating them. In the same period when these regions were getting high rainfall, the dams in these districts started releasing

large quantities of water, which played a major role in creating the flood disaster. The dam operators are likely to turn around and say that but the dams were full and we had no option but to release water. The question remains, why were the dams full when monsoon is just about started and IMD has predicted much higher rainfall in the remaining part of the monsoon compared to the first half.

The opening of sluice gates of reservoirs, such as the Bhakra Dam on the Sutlej River in Himachal Pradesh and the Kota Barrage in the Chambal River valley, caused much of the floods in Northern India. If India has to mitigate the impacts of extreme rainfall, it has to devise ways to manage its dams.

The first step towards a course correction is to recognise the problem. But the government seems to be in denial. The climate in various parts of the world is changing, but the policy makers still are still not proactive in fast changing climatic situation.

It's true that climate scientists are wary of attributing a particular extreme weather event to climate change. However, it is also undeniable that scientific evidence points clearly to an increase in such occurrences due to global warming.

Besides faulty water management, the frenzy of ill thought out development has also worsened the impacts of the intense rainfall. In the western Himalayas, for instance, there has been a massive thrust in building infrastructure that has put enormous pressure on the region's natural environment. Environmentalists and experts have cautioned against the massive road and tunnel-building projects in Himachal Pradesh and Uttarakhand.

In 2013, heavy rainfall and unprecedented floods had devastated Uttarakhand. At that time, the Union home ministry had blamed deforestation, building of roads that cut through mountains, construction of hydropower projects, and tourism-related construction on floodplains and mountain slopes for worsening the scale of the disaster.

But the lessons of 2013 have remained unheeded. In fact, the government has embarked on the contentious Char Dham highway project to connect four Hindu shrines in the state, though local residents and environmentalists say that it endangers the fragile mountain ecosystem.

In the South, the floods and landslides in Kerala, couple of years back, have again focused attention to warning that cultivation of commercial crops on steep slopes was leading to rapid erosion and increased run-off. There was a need to control the massive encroachment and deforestation in the catchment of major rivers such as the Godavari, Krishna and Cauvery and also to stop building large dams in the ecologically sensitive area.

The warning and recommendations of the many investigative reports were actively opposed and ignored. The terrible results of that became evident when there was unprecedented rainfall in Kerala some time ago. Scientists said the impacts of the Kerala deluge was made worse by massive deforestation over the years, unrestrained construction, and most of all, stone quarrying that destabilised hill slopes.

This intense rain in the Northern states again could just be one in a string of such events occurring in the future elsewhere in the country as well. Unless there is a change in the way development is carried out in India, the damage from extreme weather events will only be magnified.

~ Editorial Team

PROGRAMMES IN AUGUST 2023

DATE	PROGRAMME	CHIEF GUEST	TOPIC
04 Aug 23	Club Meeting	Rtr Gemin Shah	Experience as DRR
11 Aug 23	Club Meeting	Rtn Parvin Loke	Cyber Attracts and Few Ways of Protection
18 Aug 23	Club Meeting	Dr Rachana Rai	Ergonomics
25 Aug 23	Club Meeting	Family Meet	Kavi Samalen/ Poetry Recitation

PROJECT IN AUGUST 2023

DATE	PROJECT
06 Aug 23	Rain Picnic
12 Aug 23 to 14 Aug 23	RYLA
15 Aug 23	Independence Day Celebration
22 Aug 23	Rakhi Making Workshop
27 Aug 23	Workshop on Artificial Intelligence

HAPPY
Birthday
To You

DATE

1st Aug
5th Aug
5th Aug
7th Aug
10th Aug
15th Aug
15th Aug
18th Aug
18th Aug
19th Aug
23rd Aug
27th Aug
29th Aug
30th Aug
31st Aug

NAME

Rtn. Lalasaheb Babulal Tambe
Ann. Lakshmi Ramnath
Annet. Ram Satish Soni
Annet. Shruti Rajendra Shah
Rtn. Sanjay Dwivedi
Rtn. Swapan Kumar Sengupta
Ann Mohini Lalasaheb Tambe
Ann. Saloni Vijay Narula
Annet. Alisha Bothra
Annet. Madhurika Vivek Bhagwat
Rtn. Dr Haresh Manglani
Ann. Mini Chander Kant Suri
Annet. Mohit Vijay Narula
Ann Shakuntala Chaube
Ann. Namrata R.S. Budhyal

AUGUST

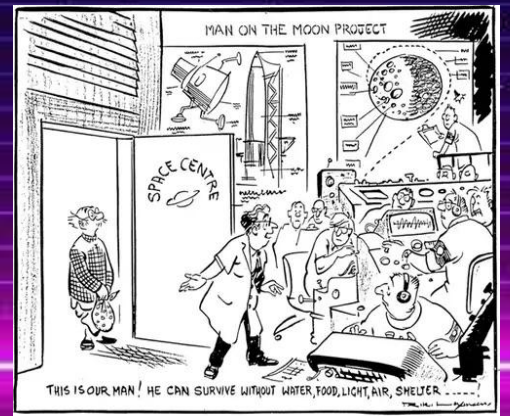
Happy
Anniversary

DATE

22nd Aug

NAME

Ann. Sarla & Rtn. Narayan Sharma



With Best Compliments From



LORVEN INTERNATIONAL PVT. LTD (TURNKEY PROJECTS CONTRACTORS)

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CHANDRAYAAN 3

